

## Town of Gorham, Board of Health

Meeting Minutes for March 29<sup>th</sup>, 2023

6pm VIA Zoom

1. Meeting called to order
  - a. Attendees: Dr. Colby Wyatt, Melissa Vanmeter, and Councilor Ginny Wilder Cross
2. Meeting minutes from 2.15.23 reviewed
  - a. Melissa Vanmeter approved minutes. Dr. Wyatt seconded the motion.
3. Continued discussion on flavored nicotine products
  - a. Discussed findings from literature evidence reviewed since last meeting
  - b. Question posed of number of towns & municipalities that have banned sale of flavored nicotine products – South Portland, plus 3-4 more
  - c. Councilor Wilder Cross shared recent activity at state level with proposed bill to ban these products
  - d. Reviewed statistical data
    - i. U.S. Department of Health and Human Services study results
    - ii. Centers for Disease Control and Prevention report 1 in 5 high school (HS) students using electronic smoking device; 1 in 20 high school students smoke cigarettes
    - iii. 2019 30% of e-cigarette use in HS students; 2022 14.1% national data
    - iv. Discussed statistical findings for middle school students
  - e. Dr. Wyatt shared presentation/slides on flavored nicotine products
    - i. Impacts on pediatric population health – physical and mental
    - ii. Discussed different brands being sold
4. Proposed next steps for flavored nicotine products
  - a. Dr. Wyatt plans to follow up with Maine Chapter of American Academy of Pediatrics and team that worked on ban in South Portland
    - i. Develop presentation for town council to discuss proposal to ban flavored nicotine products

- b. Councilor Wilder Cross plans to follow up with Town Council Chair Lee Pratt to determine agenda item versus town council workshop. Town council meetings in-person on the 1<sup>st</sup> Tuesday of every month at 6:30pm.
    - i. Considering proposal for agenda in May
  - c. Melissa plans to communicate with high school nurse and middle school nurse to determine level of problem in schools and when education introduced to children
- 5. Next meeting scheduled for Monday, April 17<sup>th</sup> at 6pm VIA Zoom
- 6. Meeting adjourned at 6:45 pm

Minutes submitted by Melissa Vanmeter