

**Minutes for  
Gorham/Westbrook TRIAD  
Meeting 12/11/09**

**Next monthly TRIAD meeting will be January 8th 9:00am at the Gorham Municipal Building**

Meeting called to order on 12/11/09 @ 9:00AM by Dave Garthe, co-chair

**Present:** David Grathe, Mary Vetterline, Nathan Acker, Doris Ames, Fred Collins, Philip Curran, Terri Norton, Hanna Sanders, Christine LaBranche, Bill Jenks, Nicole Nappi, Sue Germano, special guest Joan Smith.

Committee Reports – no reports

**Old Business:**

Ted Hatch will be attending the St. Anne's Luncheon on Dec. 16<sup>th</sup> to speak to the seniors about joining the TRIAD and also setting up a date for the Identity Theft presentation. If any one else can attend this luncheon to promote the TRIAD, please do so. Ted will also be attending the First Parish in Gorham on the January 5<sup>th</sup> to meet with The Originals to discuss joining the TRIAD and Identity Theft presentation.

Cell phone project is still under way. Both Westbrook and Gorham High Schools are on board to collect as many cell phones as they can. Please turn all cell phones into SMAAA.

Volunteer Shoveling Program – still in progress. Both Westbrook and Gorham High Schools are ready to start. Need to get the word out to the seniors through church bulletins, public cable and flyers. This will also be brought up at the St. Anne's Luncheon and First Parish meeting that Ted Hatch will be attending.

Joan Sheedy – co-founder of the Portland TRIAD shared with us how she started the Snow Shoveling program in Portland. She put a work force together of volunteers from the local high schools and the Sheriff's Dept. work release program. She also mentioned that the Sheriff's Dept. donated a grant to her foundation to supply shovels. She reported that she has over 100 seniors that her volunteers shovel out and the program has been very successful over the years.

Nicole Nappi brought in her designs for a flyer and tri-fold. Please review it for the January meeting so we can discuss any necessary changes.

**New Business:**

Coats for Seniors – the TRIAD will be collecting coats and delivering them to SMAAA to hand out to seniors in need. Please deliver all coats to SMAAA or bring to the TRIAD meetings and someone can bring them in for you. We need to get the word out to the public that there are warm coats at SMAAA and just need to call to receive one. Coats can be delivered is necessary to a senior if they have no means of getting to SMAAA. If anyone is a member of a local church, please talk to your ministers to put this announcement in the bulletins. Hannah Sanders will talk to Meals on Wheels to see if we can put a flyer with the meals that get delivered. If this is a possibility, maybe get the size and gender and deliver the jacket with the next Meal. The phone number for SMAAA to ask for a coat is 396-6500.

Nathan Acker spoke to the group about educating Adult Children on how to help aging parents. Nathan will discuss this issue with Stacey Farrington to see if she can run an article in the Gorham Times on this subject. Nathan also has an announcement about this running on the radio stations. Hannah Sanders offered to assist Nathan on getting the word out on Elder Abuse and Needs of the Elderly.

Bill Jenks mentioned there is an Elder Abuse Task Force that meets the 2cd Thursday at 10:00 at the AARP office. Anyone who has interested in attending should contact either Bill or Sue Germano.

**The TRIAD will be presenting Inger Cyr a plague on Dec. 17<sup>th</sup> @ 9:00am at the Westbrook Police Dept.**

**All who can attend, please do.**

**Future Projects:**

Flashing Lite Sockets for Seniors for Emergency Responders

Pass out File of Life info packets

Establish a HOT LINE for Adult Children dealing with Parents

Forming Sub-Committees -- to take on special projects the TRIAD will be working on

(this will include 2 seniors and 1 business member):

- a. High School projects
- b. Business of TRIAD (insurance, tax forms, etc.)
- c. Charter

**Meeting adjourned @ 10:10**

**NEXT MEETING: Jan. 8<sup>th</sup> 9:00-10:00AM @ Gorham Municipal Building**